

Monoclonal Antibody COVID-19 Treatment

Did you recently test positive for COVID-19? If you are 12 and older, you may be eligible for monoclonal antibody treatment. This can help prevent severe illness and hospitalization. Call the statewide COVID helpline at 907-646-3322 for more information and talk to your health care provider. The state's helpline provides language interpreters upon request.

What are monoclonal antibody treatments?

Monoclonal antibodies support your body's own antibodies and help your immune system quickly destroy the virus that causes COVID-19 before it harms you or causes hospitalization. The U.S. Food and Drug Administration has authorized monoclonal antibody treatment for emergency use for eligible patients regardless of vaccination status.

Factors that may increase your risk for severe COVID-19 illness:

- ▶ Not being fully vaccinated (i.e. at least 2 weeks after your 2nd dose of Pfizer/Moderna or single dose of Johnson & Johnson vaccine)
- ▶ Older age (≥ 65 years of age)
- ▶ Obesity or being overweight (for example, BMI > 25 kg/m², or if age 12-17, have BMI ≥ 85 th percentile for their age and gender based on CDC growth charts, https://www.cdc.gov/growthcharts/clinical_charts.htm)
- ▶ Pregnancy
- ▶ Chronic kidney disease
- ▶ Diabetes
- ▶ Having a weakened immune system from health conditions or medications
- ▶ Heart disease
- ▶ High blood pressure
- ▶ Chronic lung diseases (for example, chronic obstructive pulmonary disease (COPD), asthma)
- ▶ Sickle cell disease

Monoclonal antibodies are recommended in the COVID-19 treatment guidance from the Infectious Disease Society of America <https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/> as well as the National Institute of Health <https://www.covid19treatmentguidelines.nih.gov/about-the-guidelines/whats-new/>

